



## Cache coeur for baby

*By Patricia Arrotin of St Monique, Canada*

Patricia, an Ashford dealer in St Monique, Quebec, Canada is a spinning teacher and shearer too, of sheep, goats, llamas and alpacas. Her little vest crosses at the heart and is perfect for keeping baby warm.

### **You will need:**

145 m (158 yd) of very fine 3ply hand spun wool.  
3mm needles  
2 x 10mm buttons

This garment is knitted in one piece.

### **Here's how**

Beginning at the bottom of the back, cast on 35 stitches and work 16 rows in garter stitch (every row knit).

Continue knitting the pattern as below, but beginning every row with knit 5, pattern to last 5 stitches, increase 1, knit 5.

### **Pattern: (total of 9 rows)**

Row 1: Purl  
Row 2: Knit  
Row 3: Purl  
Knit 6 rows

Continue in this pattern and increasing at end of every row until 107 stitches (8 complete pattern sets will have been worked – you will end with row 9 = knit row)

### **Next Row:**

Knit 5, purl 45 stitches, (put these 50 stitches on to a holder), cast off following 7 stitches and continuing on last 50 stitches, purl 45, knit 5.

### **Front (s):**

Continuing with pattern, and beginning and ending with the knit 5 stitches, decrease 1 stitch on the collar (inside) edge on every alternate row, until 11 stitches remain (78 rows worked). Garter stitch 16 rows.



### **Buttonhole Row:**

Knit 4, cast off 3, knit to end

### **Next Row:**

Cast on 3 stitches in middle of row. (11 stitches)  
Knit 6 rows, knitting last 2 stitches together at end of every row, cast off remaining 5 stitches.

Work other front reversing all shaping.

### **Finish:**

Wash the garment; sew the two buttons on to the bottom of back.

